

HIGH FLYER

IN GOD WE TRUST, ALL OTHERS WE MONITOR

VOL. 10, ISSUE 14

SERVING THE BEALE AIR FORCE BASE, CALIF., COMMUNITY

APRIL 7, 2006

New squadron 'stands up' at Beale

By Airman 1st Class
George Cloutier
9th RW Public Affairs

The 18th Reconnaissance Squadron was officially activated in a ceremony at Dock 6, Monday at 9 a.m., following the official in-activation of the 9th Operations Group Detachment 2.

Under the authority of Col. Gregory Kern, 9th OG commander, Lt. Col. Christopher Jella, former Det. 2 commander and 12th Reconnaissance Squadron Director of Operations, was appointed as commander of the new 18th RS.

"It's quite an honor to be given command of a squadron," Colonel Jella said.

The 18th RS is a formal training unit for the Global Hawk. Its mission is to provide trained and equipped pilots and sensor operators for execution of near real-time high-altitude intelligence, surveillance, reconnaissance and target acquisition missions. They will operate long-endurance RQ-4A Global Hawk aircraft from ground control elements to fulfill requirements and taskings generated by the Joint Chiefs of Staff in support of unified commanders and the Secretary of Defense.

To bring the 18th RS up to operational status, Colonel Jella, as well as many other Team Beale members, have gone through a long process of devel-

see **STAND**, page 4



Col. Gregory Kern, 9th Operations Group commander, passes the 18th Reconnaissance Squadron's flag to Lt. Col. Christopher Jella, newly appointed 18th RS commander, Monday. (Photo by John Schwab)

Results are in: Airmen voice opinions in survey

WASHINGTON — More than half of all Airmen participated in the 2005 chief of staff organization climate survey, which allows participants to voice their opinions on issues affecting them and their jobs.

Chief of Staff of the Air Force Gen. T. Michael Moseley released the results of the survey to all the major commands March 31.

Strong leadership focus on the survey was credited for the 53 percent total force par-

ticipation rate, an increase from previous years.

Overall, many of the numbers stayed the same, with only minor declines in some areas.

"The results are encouraging on a couple of fronts. First, the responses were from our total force team, and secondly, there was no noticeable difference in overall satisfaction from those deployed and those at home station," said Chief Master Sgt. of the Air

see **SURVEY**, page 3

Cleaning standards differ for base housing relocations

By Airman Robert Biermann
9th RW Public Affairs

Many Beale families have recently relocated from their on-base housing units to others due to the deteriorating condition of their house. However, for people moving out of these homes, the cleaning standards of a house that will be put on the inactive list are not the same as those of a house that will be immediately reoccupied.

When a house is to be reoccupied, members are responsible for ensuring their homes meet the normal base cleanliness standards.

"Many people have heard through the

grapevine that we come through with a fine-toothed comb and do a "white glove" inspection but that simply is not the case," said Lauren Jodrey, acting assistant section chief for the 9th Civil Engineer Squadron housing office.

The occupant is expected to leave the quarters in a clean and livable condition as the base does not have a contract for house cleaning services to get the house up to standard before another family moves in, Ms. Jodrey said.

In response to a concern over standards voiced at the Beale Advisory Council, Lt. Col.

see **STANDARDS**, page 4

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Plans for Beale's dirt bike
track are in the works...
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UCI Countdown:
31 days

OPEN LINE



The Open Line is your direct line to the 9th Reconnaissance Wing commander. The Open Line is used to ask questions, make suggestions, or give thanks for a job well done. The most efficient way to solve an issue is to work through the relevant office and use the chain of command. If you are unable to resolve the issue, or are not satisfied with the response, call the Open Line. If you would like to receive a re-

sponse, leave your name and phone number with your message. Open Lines of general interest will be published in the High Flyer; others will be answered by letter, phone or in person.

Open Line number:

634-8888

Open Line e-mail:

9RWPA@beale.af.mil

Brig. Gen. Lawrence Wells, 9th Reconnaissance Wing commander, suits up for a U-2 high-flight recently with the assistance of 9th Physiological Support Squadron personnel. (Photo by John Schwab)

I report to my boss, I work for my people

By Maj. Theresa Humphrey
355th Maintenance Operations
Squadron commander

DAVIS-MONTHAN AIR FORCE BASE, Ariz. — I report to my boss, but I work for my people.

Before you think, "I wouldn't have said that if I were her," hear me out.

This phrase is about taking care of people and being a selfless leader. When I walk through my door every morning, I'm not thinking about what I can do to impress my boss but what I can do to help my people.

Does it mean my boss doesn't matter? Of course not! I am still responsible to him, I still answer to him and I still need to keep him informed.

However, I don't exert all of my energy on him. I save it for my people. I take care of them, they take care of me and I can take care of my boss.

So what does it mean when I say "I work for my

people"?

It means that whenever I do anything, it is to help them out. When I review enlisted performance reports and officer performance reports, I put an equal amount of time and effort into all of them no matter what the ratee's rank.

When I review award packages, I make sure it is the best submission possible and we are recognizing the right people.

When I discipline people, I make sure it is fair, equitable and appropriate. I set standards and expect my people to follow them. When people want to talk, I make time for them and listen to what they have to say. I speak my mind even if I don't tell them what they want to hear.

I try to make things fun, even commander's calls and staff meetings. I give people honest feedback and I take theirs in return. I let them know what I expect, when they've done well, when

they haven't quite hit the mark and what they need to do to improve. I let people do their jobs and trust them until they give me a reason not to.

Most importantly, I genuinely care about their well being and try to convey that in everything I do. The minute this seems phony, I lose credibility.

Now, about my boss. Don't get me wrong; my boss is very important and I don't mean to belittle him in any way.

After all, he signs my report and if he really wanted to he could make my life miserable. My point is I do not show up to work every day trying to impress him.

The energy I spend doing that takes away from the energy I could be spending helping my people succeed. If I take care of my people, they will get the job done, and the more professionally satisfied they are, the better they will perform.

The better they perform,

the better I am fulfilling my responsibilities to my boss.

They are taking care of me by enabling me to take care of my boss. If my boss notices, that's great! If not, my reward is in knowing my people are taken care of, motivated to show up to work every day and doing their best.

To me, all the recognition in the world is worthless if I am making my people miserable in the process.

Maybe it just boils down to priorities. I feel an effective leader thinks "people first," not "me first." Good leaders take care of their people because they know their people will take care of them.

When their people take care of them, leaders can take care of their bosses. Good bosses will see this quality and in turn take care of the leader. Pretty neat how that all works out!

Selfless leadership has worked for me. Maybe it will work for you!

Sortie Update			
as of April 3			
	1st RS		99th RS
Aircraft	U-2	T-38	U-2
Goal	74	288	132
Flown	4	12	6
Ahead/Behind	0	-1	0

BAADD SAVES

51

THIS YEAR

CALL **634-5555**

FOR A SAFE RIDE HOME



HIGH FLYER

The *High Flyer* is published by Nevada County Publishing, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 9th Reconnaissance Wing.

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Airman 1st Class George Cloutier

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Staff Writer

NCO Academy graduates



The following technical sergeants recently graduated from the Goodfellow NCO Academy:

Front row, left to right

Jennifer Robinson
9th Logistics Readiness Squadron

Diane Phillips
12th Reconnaissance Squadron

Jason Getchell
9th LRS

John Lewis
9th Civil Engineer Squadron

Sharon Lawson
9th Medical Support Squadron

Stephanie Jamison
9th MDSS

Back row, left to right

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9th Maintenance Squadron

Anthony Allen
9th Aircraft Maintenance Squadron

Eric Belt
13th Intelligence Squadron

Robert Seaton
9th AMXS

Arnold Van Dine
9th Maintenance Operations Squadron

Ricardo Rodriguez
9th Maintenance Group

Michael Copeland
9th MXG



By Chief Master Sergeant William Reinhardt

Do you display pride, one's own dignity, value and self-respect? I had the privilege of hearing former Chief Master Sergeant of the Air Force Robert Gaylor speak at a gathering of chief master sergeant-selects at an Air Mobility Command chief master sergeant orientation. Here is his simple story of pride: One hot Sunday afternoon, he and his neighbor were mowing their grass and working their yards. When they finished, Chief Gaylor, hot, sweaty and out of breath, walked over to his neighbor and asked him why they do this; mow their grass and perform yard work. His neighbor said, "My name is on the mail box!"

The pride we display speaks volumes to the people around us. As a military member, do you take pride in the duties you perform? Is your uniform presentable? Do you complete a task at the highest level of quality? Do you realize the way you wear your uniform, how you complete a job, sign a form or sign-off a job displays your pride? As a member of Team Beale, our display of pride speaks to one another, to other military services and to the public. Our pride represents Team Beale to everyone. Pride tells the world how proud we are to perform our duties, how we feel about what we have volunteered to do and the level of excellence to which we are committed.

Each one of us will display a different level of pride, performing a job to a varying level of excellence. We all must realize pride in our job; our way of life is essential to the success or failure of our unit, group, Beale and the Air Force. It is much more than just doing a job. It is taking all the necessary steps, displaying dedication and ensuring the task duty or the mission we are about to complete is accomplished at the highest possible level of excellence. It is learning to develop our skills, expand our education, learning to accomplish our mission with the least possible cost in time and effort yet with the highest level of excellence saying, "I did it. It is my work." Will it make Beale the premier Intelligence, Surveillance and Reconnaissance unit? A unit everyone would want to emulate?

The next time you perform a job no matter how big or how small, stop and ask yourself "is this a job I want a fellow Airman, supervisor, officer or commander to see?" Does it show your pride, the willingness to say "I did it, I'm responsible?" Does it display your value, self-respect, and excellence? Your pride speaks to other Air Force members, our fellow services and represents Team Beale to the public, our most important supporter. It may say "Beale Air Force Base" on the gate; it is your display of pride that makes it say "this is my Air Force."

SURVEY from page 1

Force Gerald Murray.

He said job satisfaction is an important area of concern as Air Force expeditionary commitments continue to rise.

According to the results, active duty senior airmen are the least satisfied among active duty personnel, although job satisfaction remained about the same overall. Trust in leadership was also an area introduced in the recent survey. From a total force perspective, middle enlisted member's trust in unit senior leadership is significantly lower than all other ranks, although overall job satisfaction increased slightly.

"There will always be ar-

eas where we need to focus and improve," Chief Murray said. "From the enlisted perspective, ensuring NCOs and senior NCOs are stepping up to their leadership responsibility is critical."

The majority of Airmen indicated, too, that Air Force leaders used the results from the 2003 survey in a positive way, and Chief Murray vowed that will continue with the 2005 results.

"We'll take data from this survey and continue enhancing our professional development at all levels," he said. "Our core value — excellence in all we do — is a goal of constant pursuit."

WARRIOR SPOTLIGHT

Airman 1st Class Michelle Hutchinson

Unit: 13th Intelligence Squadron

Job: Imagery analyst

Hometown: Cranston, R.I.

Air Force goals: To finish my degree and compete for Below-The-Zone

Time in the Air Force: Two years

Hobbies: Volleyball, movies and video games

The thing I like best about Beale

AFB: The relationships I have made here and the experience I get from my job.



Airman 1st Class Michelle Hutchinson is an imagery analyst with the 13th IS (Photo by Airman 1st Class George Cloutier)

Beale Airman found guilty of possession of child pornography

By 9th RW Judge Advocates Office

In the first quarter of this year, a general court-martial was held at Beale.

The Federal Bureau of Investigation notified Beale's Office of Special Investigations Detachment that an active-duty member's IP address was identified after the FBI shut down a child pornography Web site.

Following an extensive investigation, the member was charged with possession of child pornography on his home computer.

The active-duty member pled guilty to the charge, ad-

mitting that he knowingly possessed child pornography.

Capt. Sara Swart, 9th Reconnaissance Wing legal office, with the assistance of circuit trial counsel Capt. Tara Shamhart and paralegal Master Sgt. Teresa McManis, represented the government.

During the sentencing phase of the trial, the government argued that the active-duty member did not deserve to wear any stripes and that he should be confined and punitively discharged.

The member was sentenced to 20 months confinement, reduction to the rank of airman basic and a bad-conduct discharge.

STANDARDS from page 1

Greg Long, 9th CES commander, participated in a number of pre-final and final inspections and asked the residents for their honest feedback on the cleaning standards.

"Without fail, the residents felt the standards were not at all as stringent as they had anticipated. In fact, they were pleasantly surprised to find it was not a white glove inspection," Colonel Long said.

Nancy Patton, chief of housing facilities, emphasized that all of the inspectors allow members to clean areas they may point out during the final inspection, as they never want anyone to fail.

When a house is to be placed on the inactive list, a modified cleaning standard is implemented as the house will not be reused until after it is renovated or major repairs are made.

"Because of our limited budget due to the impending privatization, there are some repairs we just can't afford to do," Ms. Patton said. "In such a case, we give the member the modified cleaning list that is not as comprehensive as the normal list."

For these houses, the member must still clean major appliances to the normal standard as they may get reused, but the rest of the house only requires a general cleaning.

As the terms of the new housing privatization contract are still being negotiated, the extent of renovations is still not fully determined. Consequently, residents are asked to at least make sure things are "clean to eye."

During the scheduled pre-inspections, a housing inspector will walk residents through the unit and point out specific cleaning details so there are no surprises at the final inspection.

"We want them to get a visual of everything during the pre-inspection," Ms. Jodrey said. "Our inspectors have gone through the process many times and know exactly what needs to be done."

If desired, the Housing Flight will provide a list of available cleaning services, but this is strictly at the member's discretion.

"The bottom line is, we're here to help all of our on-base families and answer any of their questions," Ms. Patton said. For more information, call the housing office at 634-2793.



Remember 0-0-1-3

As part of the ongoing 0-0-1-3 wing campaign to promote a responsible drinking culture, squadrons with a drinking and driving or underage drinking charge will now have a photo with squadron leadership taken and placed in the High Flyer. 0-0-1-3 represents zero underage drinking, zero DUIs, one drink per hour, and a maximum of three drinks per night. Anyone driving is reminded not to consume any alcohol. (Courtesy artwork)

STAND from page 1

oping the Global Hawk program.

"This has been a building block process over the past two years," Colonel Jella said. "It's a team effort, I just happen to be the front guy for the formal process."

One of the major building blocks was developing the training program which the 18th RS will use to train new pilots and sensor operators.

"I have been building a syllabus for this squadron's training over the past two years," Colonel Jella said. "It's an honor to be at the beginning of the formal training for a unit. This really establishes a base line for the Global Hawk."

Another building block that Colonel Jella and fellow Team Beale members have been faced with during the development of the 18th RS is how the new squadron is going to fit into the pre-existing mission.

"Bringing a new weapon system in to an already contained air base, I have to have all the regulations in place, everybody has to agree how we're going to integrate into this wing," Colonel Jella said. "I've been writing all these things, and they're now heading up to headquarters for review."

Though it is by far not the first step in the process, the official standing up of the 18th RS marks a new phase of progress for the growing Global Hawk mission.

"What we've done here today is starting to lay down the formalized ground work," Colonel Jella said.

Now that this ground work has been laid, more building blocks can fall into place that

will contribute to the capability of the 18th RS mission.

"We have had a steady flow of students over the past year, but it is now a matter of formalizing all of these processes," Colonel Jella said. "Formal training is quite extensive. It involves getting the people here, building the training materials and building the syllabus."

In total, 150 new pilots and 50 new sensor operators need to be trained and sustained over the coming years for the fully-functional Global Hawk program.

Many of these individuals will come from pre-existing units at Beale.

"Over the next two years we will figure out the process of what here will need to be changed to a Global Hawk focus," Colonel Jella said. "We're going to organize, train and equip these people for the future of this weapon system."

All of this effort will directly impact the growing Global Hawk program as well as the mission at Beale.

"In the next five years there will be more than two dozen of these aircraft here," Colonel Kern said. "The 18 RS will be at the forefront of the 9th OG transformation."

Colonel Jella was also the first certified Global Hawk pilot. He was trained at Edwards Air Force Base when the program was in its early days. After two years of developmental aircraft test flying, he went on to Headquarters Air Combat Control staff and Pentagon staff to help bring the RQ-4 program online for the Air Force.

Community Briefs

Deadline for High Flyer submissions

The deadline for submissions to the High Flyer is Friday the week prior to the desired publication date. Submissions are printed based on a space available basis.

Any submissions submitted after the deadline will not be published until the next week. News briefs will run for no more than three consecutive weeks. For questions or more information, call 634-8887.

March Diamond Sharp Awards Winners

The following people were selected as winners for Diamond Sharp Awards for March:

Staff Sgt. Isabel Aldrette, 9th Intelligence Squadron

Staff Sgt. Brandee Mechler, 9th IS Airman Kyle Goldberg, 9th Comptroller Squadron

Airman Jessica Dobson, 9th Services Squadron

Staff Sgt. Tiffany Mau, 9th SVS Airman Deanna Albert, 9th Security Forces Squadron

Staff Sgt. Monica Camacho, 13th Intelligence Squadron

Expanded Saturday hours issuing ID cards

The 9th Support Division's customer service office will be open on

the following Saturdays to provide ID Card and DEERS update services; May 6, June 10, July 8 and Aug. 5. Hours of operation will be from 9 a.m. to 12 p.m., no appointment is necessary.

The Admin Support Flight's customer service counter is located in the Consolidated Support Center, Building 25216, Room 110.

Normal business hours are from 7:30 a.m. to 4:30 p.m., Mondays, Tuesdays and Fridays and 8:30 a.m. to 4:30 p.m., Wednesdays and Thursdays, except for holidays. For more information, call customer service at 634-3187.

Volunteer appreciation

Beale's Annual Volunteer Appreciation Luncheon is scheduled for April 28 from 11:30 a.m. to 1 p.m. Meal is free for volunteers. For more information or to register, call the Family Support Center at 634-2863.

Donations needed

Anyone who wishes to help replace the toys that were destroyed in a recent on-base house fire, can call Senior Master Sgt. Kevin Wakefield or Master Sgt. Jeff Large at 634-8193.

Youth Job Fair

The FSC has scheduled a youth job fair for April 19 from 2 to 4 p.m.

It is open to 13-year-olds through

college students. Discover how to find summer jobs, meet prospective employers, research various career fields and understand what it takes to succeed. For more information or to register, call the FSC at 634-2863.

E-TAP workshop

This TAP seminar is scheduled from April 25 through 28 from 8 a.m. to 4 p.m. and is open to senior enlisted (E-7 to E-9) and officers (O3 and above). Spouses can register and attend with military member.

This workshop focuses on positions with higher level of responsibility and has medical record review plus VA benefits. For more information, call the FSC at 634-2863.

Home selling seminar

The FSC has scheduled a home buying seminar for May 24 from 5 to 6:30 p.m. Learn how to make a home sell in a buyer or sellers market while getting the most out of the investment. For more information or to register, call the FSC at 634-2863.

Basic investment and mutual funds

The FSC has scheduled a basic investment and mutual funds class for May 18 from 2 to 4 p.m.

Attendees will learn about the various investment vehicles, risk assessment and evaluation and basic invest-

ment strategies. Learn about pros vs. cons of various types of mutual funds; how to evaluate funds and how to compare and select your investments. For more information or to sign up, call the FSC at 634-2863.

Be your own boss

The FSC has scheduled a "Be your own boss" class for May 23 from 9 a.m. to noon.

This class prepares people with knowledge and tools to run a small business. For more information, call the FSC at 634-2863.

Bundles for Babies

Bundles for Babies is scheduled for May 31 from 5 to 7:30 p.m. Open to all ranks, Bundles for Babies provides tips on prenatal care, financial expectations and avoiding frauds targeting new parents.

Attendees must arrange their own childcare for all their other children. For more information, call the FSC at 634-2863.

TAP workshop

The next TAP workshop has been scheduled for May 8 to 12, Monday from 8:30 a.m. to 4 p.m., Tuesday to Friday from 8 a.m. to 4 p.m. Attendees must have completed mandatory preseparation briefing.

see COMMUNITY, page 6

Personnel Services Delivery System begins

By Tech. Sgt. Ryan Mattox
Air Force Print News

SAN ANTONIO — The Air Force Contact Center's Web-based services and contact center officially began



Maj. Gen. Tony Przybyslawski, AFPC commander, Roger Blanchard, deputy A1, and Col. Michael Maloney, AFPC director of personnel, cut the ribbon to officially begin the PSD system. (Photo by Tech. Sgt. Cecellio Ricardo, Jr.)

taking calls after a ceremony at the Air Force Personnel Center at Randolph Air Force Base, Texas.

The center is part of a new initiative called Personnel Services Delivery Transformation, or PSD, which uses technology to place the capability for conducting routine personnel transactions into the hands of Airmen via Web-based services and contact centers.

"PSD is the road from good personnel service delivery to great personnel service delivery," said Roger M. Blanchard, assistant deputy chief of staff for personnel, Headquarters U.S. Air Force, Washington, D.C. "The call center is here to execute that vision. We are on the cutting edge of delivering services to the Air Force community. That's the road we are on today."

The center's opening is just the beginning of many changes Airmen will see in the way they handle tasks concerning their careers — tasks they normally had to visit their military personnel flight, or MPF, to complete.

The idea behind this transformation is to provide a convenient and secure way from any telephone or Internet-ready computer, allowing Airmen to avoid waiting in lines, save time and fit their personnel business

into their own schedule.

The goal is to move 85 percent of MPF actions online. Once the transformation begins, however, it doesn't mean Airmen still can't get personal customer service.

"This is a centralized effort and centralization is the beauty of this. We are relieving the pressure from those in the field," said Maj. Gen. Tony Przybyslawski, AFPC commander. "We are simplifying the process. Now Airmen can make a 90-second transaction at their convenience, instead of what normally might have taken a couple of hours by going to the MPF."

Several processes like retraining and retirements, currently worked through base-level military personnel flights, will be self-initiated via the Web, and centrally managed and processed at the center.

The transformation is a four-phase program that will continue through 2011. The first phase begins with transferring active-duty personnel actions and will then be further broken up into seven segments called spirals.

Airmen will be able to access the Web-based services through the virtual MPF.

1. HOW WELL DOES RATEE PERFORM ASSIGNED DUTIES? (Consider quality, quantity, timeliness, and initiative)		
<input type="checkbox"/> Inefficient. An unprofessional performer.	<input type="checkbox"/> Good performance. Performs routine duties satisfactorily.	<input checked="" type="checkbox"/> Excellent. Consistently exceeds expectations.
2. HOW MUCH DOES RATEE KNOW ABOUT PRIMARY DUTIES? (Consider whether ratee has the knowledge to perform duties)		
<input type="checkbox"/> Does not have the basic knowledge necessary to perform duties.	<input type="checkbox"/> Has adequate technical knowledge to satisfactorily perform duties.	<input checked="" type="checkbox"/> Excellent. Demonstrates exceptional knowledge and understanding.
3. HOW WELL DOES RATEE COMPLY WITH STANDARDS? (Consider dress and appearance, punctuality, and adherence to regulations)		
<input type="checkbox"/> Fails to meet minimum standards.	<input checked="" type="checkbox"/> Meets Air Force standards.	<input type="checkbox"/> Exceeds standards.
4. HOW IS RATEE'S CONDUCT ON/OFF DUTY? (Consider financial responsibility, respect for others, and maintenance of government facilities)		
<input checked="" type="checkbox"/> Unacceptable.	<input type="checkbox"/> Acceptable.	<input type="checkbox"/> Excellent.
5. HOW WELL DOES RATEE SUPERVISE/LEAD? (Consider how well member sets self-confidence, provides guidance and feedback, and fosters teamwork)		

FAILING TO "DRINK RESPONSIBLY" IS FAILING TO MEET STANDARDS

COMMUNITY from page 5

Bring a draft resume. Transition into the civilian community smoother and find employment faster. Learn about VA benefits and have medical record reviewed. For more information, call the FSC at 634-2863.

Use of official Telecommunications Constitutes Consent to Monitoring

People often use telecommunication devices during the course of duty. However, improper use of these devices can impair or even jeopardize the Air Force mission. The Telephone Monitoring and Assessment Program was created to eliminate or minimize improper usage.

The Air Force monitors unsecured and unprotected telecommunications systems to determine if they are being used to transmit sensitive or classified information. Be aware that use of these government systems constitutes consent to monitoring. Telecommunications systems include telephones, cell phones, faxes, computers, PDAs, beepers and land mobile radios. For more information about TMAP or consent to monitoring, call the Wing IA office or see your unit's Telephone Control Officer or TMAP representative.

Retiree Luncheon

The next luncheon for military retirees will be held on May 3 at 11:30 a.m. at Recce Point. The price is \$14. Members receive a \$2 discount. The meal includes Caesar salad, roasted strip loin of beef, garlic mashed potatoes, balsamic grilled vegetables and dessert. Reservations are required no later than noon on April 27. For more information, call 634-3104.

Home school information fair

A home school information fair is scheduled for April 21 from 12:30 to 4:30 p.m. at the Community Center. Information for independent home schoolers, charter school options and support groups are available for any who are interested. To reserve a table or for more information, call or email Angie Drake at 788-9207 or angiedrake@hotmail.com.

Earth Week

The following activities have been scheduled to celebrate Earth Week.

Nature and birding walk

A bird walk led by Dr. Ed Pandolfino, Chair of the Sierra Foothills Audubon Society is scheduled for April 15 from 9 to 11 a.m. Attendees will meet near the kiosk and the gate in the Three Bridges area near Dry Creek.

Earth Day celebration

An Earth Day booth, manned by environmental personnel, will be located at the entrance of the Base Exchange April 17 from 10 a.m. to 2 p.m. where Environmental souvenirs will be given away along with other educational information.

Arbor Day celebration

An Arbor Day celebration is scheduled for April 19 from noon to 2 p.m. Traditionally, Beale observes Arbor Day in conjunction with Earth Week. The Arbor Day celebration will consist of a tree planting ceremony along Warren-Shingle Boulevard north of the Golf Course. The celebration is an opportunity for Beale to support the National Arbor Day Foundation's "Tree

City USA" program and to encourage participation of the community in tree planting and maintenance. The ceremony also includes a poster contest involving fifth graders from Far West School.

Vernal Pool tour

To conclude Earth Week, a vernal pool tour led by vernal pool experts Dr. Tom Griggs and Patrick Stone is scheduled for April 20 from 12:30 to 3 p.m. The purpose of this tour is to allow people to learn more about the unique wetlands and the plants and animals that live here.

Old clothes and shoes are recommended for wear as it may be muddy. Attendees will meet at the DUI parking lot near the Main Gate at 12:30 p.m. and will take a bus to the site. The bus will return by 3 p.m. For more information or to register for any of the Earth Day activities, call or e-mail Chuck Carroll at 634-2738 or charles.carroll@beale.af.mil, or Jamie Visinoni at 634-4451 or jamie.visinoni.ctr@beale.af.mil.

Metal and wood drop-off

Base users who need to drop off wood or metal to the base recycling center can call Tech. Sgt. Darren Evans at 634-4452.

Recruitment for lifeguards

The Air Force Personnel Center is now accepting applications for lifeguards. The Summer Swim Program will hire one full-time Lead Recreation Aid, two part-time Lead Recreation Aids and 12 intermittent Recreation Aids. Applicants must be 16 years of age, provide school enrollment verifi-

cation documents and be a United States citizen.

The lead lifeguard requires lifeguard certification, covering lifesaving and water rescuing methods, skills and procedures, basic First Aid Certification, and CPR certification for adults, children, and infants. These positions are subject to satisfactory completion of a pre-employment physical and background check under the Child Care Act. To apply or see that all the requirements for the job are met visit the AFPC Web site at www.afpc.randolph.af.mil/afjobs. For more information or for questions, call Rosie Gonzalez at 634-2249.

Enlisted dining in

The enlisted dining in has been scheduled for April 28 at the Community Center. Social hour is from 6 to 7 p.m. with dinner to follow. Attire is mess dress or semi-formal. The menu includes stuffed chicken or prime beef and the cost has not yet been determined. The theme is "Enlisted firsts." For more information, contact your First Sergeant.

Patient shuttle service to Travis

The 9th Medical Group now offers both a morning and afternoon shuttle service between Beale and the David Grant Medical Center at Travis Air Force Base for medical appointments.

Active-duty members must have a government license to operate the shuttle. To reserve a seat in the shuttle or for more information, call 634-4001. Seats on the shuttle must be reserved no later than two duty days prior to departure.

Beale dirt bike track currently in works

By Airman 1st Class
George Cloutier
9th RW Public Affairs

Rumors have been going around lately that Beale dirt bike enthusiasts may soon be seeing their dreams realized.

Last year, the High Flyer ran a story on a proposition that was brought forward for a dirt bike track on base. Since then, the subject hasn't lost momentum, and more progress has been made.

While progress so far may not be immediately noticeable to the base population, many people have been coming together to see this project happen.

"A lot of parties are working together on this one- JAG (the legal office), safety, CE (Civil Engineering) and environmental," said 1st Lt. Aaron Cooper, 9th Civil Engineer Squadron chief of construction management.

One of the reasons these

various organizations are involved is because there are multiple concerns over the construction and eventual use of the track. One such concern is the environmental impact the track could have.

"We used to have a track by three bridges," said Tech. Sgt. Michael Smith, 9th Operations Support Squadron Air Traffic Control watch supervisor and project coordinator. "But when they started doing environmental surveys, it got shut down."

Before the plan to build the track is fully set into motion, the Army Corps of Engineers will have to review the plans for possible wetland concerns.

"A lot of what will determine when we see this in motion depends on how fast the Corps of Engineers reviews the material," Lieutenant Cooper said. "April 12 we have a meeting with the facility work group. After passing there, the information will go on to the Army Corps of Engineers. The facility utilization board will be the last step in the process."

Aside from the Corps of Engineers, there are still other base agencies that have con-

cerns over the track.

"One of the actions currently pending is a wing safety meeting with the legal office to determine safety rules," Lieutenant Cooper said.

Another concern that has been brought forward concerning legal issues is the use of government resources to build the track. Due to this concern, the track will have to be built under a private organization.

"Right now one of our biggest obstacles is the private organization constitution," Sergeant Smith said. "We're going to have to be self contracting. This means we're going to have to get sponsors and raise funds for heavy duty equipment."

Besides the donation of the land from the base, 9th CES will not be able to have a large hand in the building of the track. There is a possibility however of getting some assistance from the base.

"There is a possibility of using dirt from excavating projects for the track," Lieutenant Cooper said.

Other than that, the building of the track will rely heav-

ily upon volunteers.

"We need volunteers to help with equipment," Sergeant Smith said. "Perhaps we can find someone who would let us borrow some farming equipment."

Once the track is built, it seems that it will provide more healthy recreation for the Beale community, and be relatively easy to maintain.

"I've done this once before," Sergeant Smith said. "Once you get a track built, the upkeep isn't a big deal."

"Controlling a 200 pound motorcycle around a track is outstanding exercise," Sergeant Smith said. "Motocross is a great sport to participate in."

Not only does it seem like great exercise, but it also provides an alternative to destructive behavior.

"Instead of people spending money on partying or alcohol, they could spend that money on a new helmet," Sergeant Smith said. "It's also a family sport. I've seen kids as young as four-years-old riding."

To volunteer, or for more information, call Tech. Sgt. Michael Smith at 634-8854.



Tech Sgt. Michael Smith, 9th Operations Supports Squadron air traffic control watch supervisor, leads a race at the Huntington National Motocross track in Rancho Cordova, Calif. (Courtest Photo)

BRIEFS from page 6

Chapel job openings

The Chapel has openings for the following positions: pianist for the Protestant Praise service, two openings for child care providers and one for an accounting technician. For more information, call Tech. Sgt. Greg Volkman or Ch. (Maj.) Linda Olson at 634-4701.

New Brown Bag University class

An Introduction to Speech class from Brown Bag University will begin in August in the 9th Maintenance Squadron conference room in Building 1086.

The class is offered by Yuba College and is held during lunch, four days a week for nine weeks. For more information or to sign up, e-mail brian.schick@beale.af.mil. A minimum of 15 people are needed.

USDA food pickup

The USDA Food Pickup is held the

last Friday of every month for Beale housing residents. All pickups are at the Foothills Chapel in base housing. Pickup times are from 10 a.m. to 2 p.m. For information, call 634-5938.

General Arnold Education grant

Anyone who has applied for the Air Force Aid Society General Arnold Education grant by return mail may have gotten a packet with a Family Financial Data Form. It is a supplemental form seeking specific financial information and a grade point average verification form.

Complete both forms and mail them in immediately. The receipt deadline is April 15. For more information, call the Family Support Center at 634-2863.

Retiree Information desk volunteers needed

The Retiree Information desk in the

lobby of the clinic is in need of two or three people for three-hour shifts Monday to Friday from 9 a.m. to 12 p.m.

Any adult with an ID card is qualified. For more information leave a note in the clinic lobby or call John Lanigan at 821-0529.

Airman's Attic

The Airman's Attic is open to assist airmen basic to staff sergeants who are new to Team Beale or have unexpected family situations that arise, free of charge.

Stop by 5114-A Tern Court (near the housing fire station) and see what they have to offer. The Attic is open Mondays and Wednesdays from 10 a.m. to 1 p.m. and Fridays from 10 a.m. to 4 p.m.

For emergencies, the Attic is available after hours through the unit first sergeants. Military ID cards are required at check in. Donations and volunteers are always needed. For more information, call 788-2993.

Education Center

The Beale Training and Education Center offers an extensive array of on-base programs. The center is open Monday through Friday from 7:30 a.m. until 4:30 p.m. Call 634-2525 for more information or to schedule an appointment.

Volunteer opportunity

Mercy Housing, a non-profit agency providing affordable housing to families that are economically challenged, is once again requesting Team Beale volunteers to help tutor and mentor youth in an after-school program.

Tutors are needed in grades 5 through 12 to tutor basic studies such as math, English and some sciences.

This is an on-going commitment during the school year. For more information, call Margaret Norton at 674-8130 or email at mnorton@mercyhousing.org.

“When is the rain going to stop?”



Staff Sgt. Joseph Brunner, 48 Intelligence Squadron network administrator

“Thursday.”



Maj. James Combs, 9th Medical Support Squadron medical resource management flight commander

“This is just like a dirty weather trick. I see this going on until Easter Sunday”.



Andrea Chandler

“With our luck, probably the end of this month, or the beginning of May.”



Staff Sgt. Mary Wilson, 9th Operations Support Squadron air traffic controller.

“April 16, definitely.”



Tech. Sgt. John Hudson, 373rd Training Squadron U-2 crew chief instructor.

“Never. Maybe Friday.”

Beale Bijou

634-2521



Friday evening Eight Below (PG)

Paul Walker, Jason Briggs

Inspired by a true story, this is an action-adventure about loyalty and the bonds of friendship set in the extreme wilderness of Antarctica. The film tells the story of three members of a scientific expedition: Jerry Shepard, his best friend, Cooper, and a rugged American geologist, who are forced to leave behind their team of beloved sled dogs due to a sudden accident and perilous weather conditions in Antarctica.



Saturday matinee Shark Tale (PG)

Animated

Oscar is a fast-talking little fish whose big dreams have a habit of landing him in hot water. Lenny is a great white shark with a sensitive side... and a secret - He's a vegetarian. When a great white lie turns Oscar into an improbable hero and the truth about Lenny makes him an outcast, these two become the most unlikely of friends.



Saturday evening Freedomland (R)

Julianne Moore,
Samuel L. Jackson

A white woman blames an African-American man for the death of her son, but a white reporter and an African-American detective think otherwise.



Wednesday 6 p.m. Date Movie (PG-13)

Alyson Hannigan, Adam Campbell

The story of hopeless romantic Julia Jones, who has finally met the man of her dreams. But before they can have their Big Fat Greek Wedding, they'll have to Meet the Parents, hook-up with The Wedding Planner, and contend with Grant's friend Andy - a spectacularly beautiful woman who wants to put an end to her Best Friend's Wedding.

Matinees play at 1 p.m.

Evening movies play at 7:30 p.m.
unless otherwise specified.

The cost is \$3.50 for adults & \$1.75 for children.

Airman Leadership School graduates



The following senior airmen, unless otherwise specified, recently graduated from the Airman Leadership School:

John L. Levitow Award
Staff Sgt. Jeffrey Cooper
48th Intelligence Squadron

Tina Biggins
1st Reconnaissance Squadron

Javier Cortez
9th SFS

Distinguished Graduates
Michelle Gordon
9th Security Forces
Squadron

Christopher Gramer
9th SFS

Randy Ho
13th IS

Jason Green
48th IS

Edward LaTouche
9th MXS

Jennifer Carter
9th Munitions Squadron

Ryan Hatfield
13th Intelligence Squadron

Daryl Lee
9th AMXS

Leadership Award
Michelle Gordon
9th SFS

Isley Kamelamela
9th Communications
Squadron

Christina Martinez
9th PSPTS

Academic Achievement Award
Christopher Cox
9th Maintenance Group

Steven Martin
9th Maintenance Squadron

Christopher Parnell
9th Munitions
Squadron

Staff Sgt. Matthew Hall
9th SFS

Robert Pennington
9th MXS

Anuja Patel
12th Reconnaissance
Squadron

Staff Sgt.
Benjamin Therriault
9th SFS

David Vaughan
9th Civil Engineer Squadron

Garrett Payne
9th CS

Jeffrey Aure
9th Aircraft Maintenance
Squadron

Jason Aldeguer
9th Physiological Support
Squadron

Nathan Stephan
9th SFS

Chenika Baker
9th AMXS

Matthew Barrett
9th AMXS

Earl Vereen
9th AMXS

If you are a sexual assault victim, call the Sexual Assault Response Coordinator
24-hour SARC Crisis Line

6 3 4 - 4 0 0 0

Palm Sunday

Foothills Chapel

*15001 Camp Beale Highway
(Family housing area)*

Protestant "Praise" worship service
Sunday, 9 a.m.

(includes "Parents' Nursery" and
children's church)

Catholic Mass

Sunday, 10:30 a.m. and 5 p.m.

Catholic Reconciliation

Sunday, 10 a.m. and 4 p.m.

Valley Chapel

6199 C St. (Main base)

Gospel Protestant worship service
Sunday, 11 a.m.

(includes children's church)

Protestant Programs: Sunday School (10:30 a.m.) at Lone Tree Elementary. AWANA on Mondays and JV-Varsity on Tuesdays, 6-8 p.m. at Foothills Chapel. Protestant Youth meets Tuesdays at 5:30 p.m. at the Valley Chapel and Sundays at 6:30 p.m. at Foothills Chapel.

Protestant Bible Study Groups: Men - Second & fourth Sunday, Valley, 5 p.m. and Wednesday, Valley, 7 p.m. Women - Tuesday, 9-11 a.m. Foothills (children welcome) Thursday, 6:45 to 8 p.m., Valley.

Catholic Programs: Religious Education - preschool-12, Sundays 9 a.m. at Lone Tree Elementary School. RCIA, Catholic Youth, CWOC, CMOC and Adult Bible Study call Leila at 634-4707.

MOPS (Mothers of Preschoolers): Second & fourth Thursdays at Foothills Chapel.

Questions concerning marriages, baptisms, choirs, Navigators, and Officer Christian Fellowship can be directed to the chapel staff at 634-4701.

Child abuse, neglect a community issue

Editor's note: The following is an excerpt from Safe Children and Healthy Families Are a Shared Responsibility: 2006 Community Resource Packet and used with permission.

Child abuse affects children of every age, race, and income level. It often takes place in the home and comes from a person the child knows and trusts—a parent, relative, babysitter, or friend of the family.

Often abusers are ordinary people caught in stressful situations: young mothers and fathers unprepared for the responsibilities of raising a child; overwhelmed single parents with no support system; families placed under great stress by poverty, divorce, or sickness; parents with alcohol or drug problems.

A first step in helping or getting help for an abused or neglected child is to identify the signs and symptoms of abuse. There are four major types of child maltreatment: neglect, physical abuse, sexual abuse, and emotional abuse:

Neglect is failure to provide for a child's basic needs such as food, clothing, shelter, medical care, education, or proper supervision.

Possible symptoms:

- * The child shows signs of malnutrition or begs, steals, or hoards food.
- * The child has poor hygiene: matted hair, dirty skin, or severe body odor.
- * The child has unattended physical or medical problems.

* The child states that no one is home to provide care.

* The child or caretaker abuses drugs or alcohol. Physical Abuse is intentional injury inflicted upon a child. It may include severe shaking, beating, kicking, punching, or burning that results in minor marks, bruising, or even death.

Possible symptoms:

* The child has broken bones or unexplained bruises, burns, or welts in various stages of healing.

* The child is unable to explain an injury, or explanations given by the child or caretaker are inconsistent with the injury.

* The child is unusually frightened of a parent or caretaker, or is afraid to go home.

* The child reports intentional injury by parent or caretaker.

Sexual Abuse refers to any sexual act with a child by an adult or older child. Possible symptoms:

- * The child displays age-inappropriate play with toys, self, or others.
- * The child has inappropriate knowledge about sex.
- * The child reports sexual abuse.

Emotional Abuse may occur when a parent fails to provide the understanding, warmth, attention, and supervision the child needs for healthy psychological growth.

Possible symptoms:

* The parent or caretaker constantly criticizes, threatens, belittles, insults, or rejects the child with no evidence of love, support, or guidance.

* The child exhibits extremes in behavior from overly aggressive to overly passive.

* The child displays delayed physical, emotional, or intellectual development.

For more information about recognizing child abuse and neglect, see the National Clearinghouse on Child Abuse and Neglect Information Web site at <http://nccanch.acf.hhs.gov/pubs/factsheets/signs.cfm>.

Active-duty members and DoD civilians at Beale have a responsibility to report suspected child abuse.

AFI 40-301 states, "All active-duty members and DoD civilian employees must report all incidents of suspected family maltreatment to the Family Advocacy Officer."

The mission of the Family Advocacy Program is to build healthy Air Force Communities by developing, implementing, and evaluating policies and programs designed to prevent, intervene in, and treat child and spouse maltreatment.

The Beale Family Advocacy Office is located at 5114 F Tern Court. All incident reports should be made to this office at 634-3423 (or after hours contact Security Forces at 634-2131). For questions or more information, contact Dianna Garbett at 634-5651.

Air Force One Source: Helping servicemembers and their families
www.AirForceOneSource.comm

DEFY: strong kids, strong families, ready force

By Airman Robert Biermann
9th RW Public Affairs

Team Beale will soon be welcoming Drug Education For Youth, or DEFY, a new, free drug reduction program for children.

"The Drug Demand Reduction Program is responsible for outreach activities intended to reduce the risk of drug abuse among DoD family members, retirees and school-age children," said Brig. Gen. Lawrence Wells, 9th Reconnaissance Wing commander. "The Drug Education For Youth program is a program designed to achieve this goal."

"DEFY promotes positive life choices for 9-to 12-year-old dependents of DoD military and civilian personnel through a two-phased program, which includes an intensive leadership summer camp followed by a school-year mentoring program," said Trudy Sandoval, drug demand reduction manager for the 9th Medical Operations Squadron. "DEFY is recognized by the White House Office of National Drug Control Policy as 'essential' to the National Drug Control Strategy."

The two phased prevention program deters "at-risk" behaviors by

giving kids tools they need to resist drugs, gangs and alcohol. The leadership and life skills provided by DEFY include goal-setting, team-building, conflict resolution and decision making.

"Our curriculum is based on two decades of research and incorporates key characteristics of successful prevention programs identified by the United States Department of Health and Human Services," Ms. Sandoval said. "Annual reviews of the curriculum ensure that it is current and accurate."

A study by the Pennsylvania State University in 1996 demonstrated that the DEFY curriculum produced a measurable, positive outcome in resistance skills, social behavior, gang attitudes, self-esteem, alcohol attitudes, smoking attitudes and drug knowledge.

"The DEFY program works as an effective method of reducing drug use and abuse in the DoD," Ms. Sandoval said.

Phase I of the program is a structured five day residential or eight day non-residential camp environment that occurs during the summer. During Phase I, DEFY youth participate in classroom learning that covers goal setting, leadership and teamwork, relation-

ships and conflict management, substance abuse prevention, gang awareness and deglamorization and self-confidence.

"Phase I participants also engage in physical fitness training, travel on local field trips and compete in physical challenges," Ms. Sandoval said. "Aside from the education and training the youth receive, Phase I enables youth to bond with adult mentors and staff to enhance the effectiveness of Phase II."

Phase II is a school-year mentoring phase designed to support the training and education received in Phase I. During regularly scheduled activities, mentors and staff provide tutoring and positive reinforcement through group or cluster mentoring and interactive workshops.

The DEFY program was implemented in 1993 by the Department of the Navy as a readiness tool for building strong kids, strong families and a ready force. The program is funded completely by the Pentagon. In 1999, DEFY was adopted by the Air Force.

Beale's DEFY program is scheduled to begin Aug. 7. For more information on the program, call the demand reduction office at 634-2072.



Mentorship is an important part of Drug Education For Youth, a new, free drug reduction program for children to teach them effective skills and inform them of the dangers of drug abuse. (Photo by Airman Robert Biermann)

Organization aids military children, families

By Steven Donald Smith
American Forces Press Service

WASHINGTON — Recognizing that children of servicemembers often face challenges that other children do not, the nonprofit child development organization "Zero To Three" launched a special project geared specifically toward military families.

"Supporting military children is an essential element of supporting military families in general," said Dorinda Williams, a Zero To Three training and consultation specialist. "Zero To Three recognizes that military parents often face extreme and emotionally draining circumstances, and we try to provide support through information and resources that translate into increased capacity to meet the emotional needs of babies and toddlers."

April is the "Month of the Military Child," which celebrates military young ones and raises awareness about their unique situation. Zero To Three

works toward these ends all year long by supporting the healthy development and well-being of military children by educating their parents on child-rearing techniques.

"We are a national, multidisciplinary organization that advances our mission by informing, educating and supporting adults who influence the lives of infants and toddlers," Ms. Williams said.

Zero To Three concentrates on critical issues affecting young children and their families, including early language and literacy development and the impact of culture on early childhood development. The organization is adept at translating what is known from the science of early childhood development into practical tools and resources for professionals, programs, parents and policymakers, Ms. Williams said.

Over the past several years Zero To Three has become increasingly involved with issues affecting military children. For instance, the group estab-

lished a military projects division specifically aimed at the needs of babies and toddlers of military families.

One of the division's projects is "Operation Parenting Edge," a partnership of the Marine Corps and the federal Early Head Start program. This venture is a two-year training and consultation pilot project that supports Early Head Start staff by increasing sensitivity to how babies and toddlers may be impacted by military-specific stresses, Ms. Williams said.

The organization provides training through on-site visits, special meetings, and teleconferences.

"This project stems from the recognition that, with current world events ... military families and resources available to them may be increasingly strained," she said. "It is our hope that this project will serve as a model of how the military can collaborate with civilian resources to further expand support to families."

In addition, Zero To Three hosted a

Defense Department summit in Washington, D.C., in November. The summit brought together professionals supporting military families from around the world. The overall intent of the summit was to promote the interests and needs of babies and toddlers through specialized trainings and workshops, Ms. Williams said.

Zero To Three also currently is developing a media campaign in response to the needs of military installations particularly effected by repeated and extended deployments. The campaign "will assist caregivers in recognizing how babies and toddlers may be affected by military separations and relocations, and offer ways to support their young children, as well as themselves, during times of military stress," she said.

The organization's Web site offers extensive information for military families. It features articles by military professionals and parents on topics unique to the military community.

Enter Beale's funny photo caption contest!

Be a featured caption writer for this week's photo. The author whose caption receives the most laughs from the judges will have their caption published in next week's High Flyer. Here's how to enter:

1 Write an imaginative, humorous, appropriate caption for the featured photo.

2 E-mail entries to high.flyer@beale.af.mil or fax entries to 634-8895 by noon Tuesday.

3 To be eligible, you must include the photo number of the contest on your entry. Also, please include your name and commercial phone number.

4 Contest winners are announced weekly.

5 All entries become property of the High Flyer.



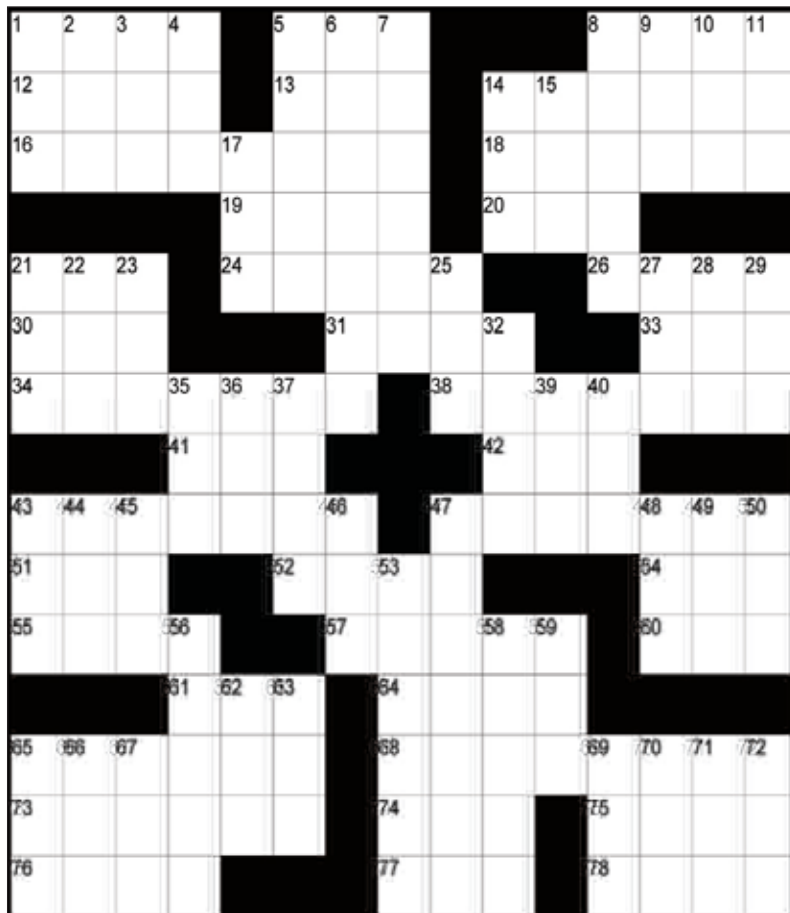
Photo 13

There were no submissions for last week's photo.



Photo 14

E-mail submissions to
high.flyer@beale.af.mil



Acronym Buster (pt. 2)

By Capt Tony Wickman
71th Flying Training Wing Public Affairs

ACROSS

1. Tex-Mex menu item
5. SECDEF's office symbol
8. Mil. acronym for base openings, closings
12. Muddy up
13. Actress Zadora
14. Bastion
16. Ramstein, Aviano and Osan
18. Snakes
19. Lattice work
20. Fall mon.
21. USAF org. for DEERS support
24. Performed
26. Fencing tool
30. USAF requirements document; ____ 36-2903, etc.
31. ____ of responsibility
33. USAF officer work appraisal
34. Stymies
38. Public ____ Office
41. Actress and director Lupino
42. Chum
43. Term for placing food in a trap
47. Burned
51. Have pain
52. Vaulted recess

54. Flying method used by USAF pilots
55. Type of PJ jump
57. Top USAF civilian
60. Mil. broadcast station
61. German city
64. Opera highlight
65. Compensates
68. Texas town
73. USAF HQ echelon
74. William B. Hartsfield International Airport locale
75. Tool found in 29 DOWN
76. Adorable
77. Formerly
78. Minor prophet; son of Beeri

DOWN

1. Scheduling acronym
2. Actress Landry
3. Mongrel
4. Sphere
5. Mil. acronym for protecting information
6. Naps
7. One of Santa's reindeer
8. Cop's uniform item
9. Acronym for a road
10. Part of USAF
11. USAF org. to support a CC
14. Danger posed to aircraft
15. Mil. uniform
17. Dr.'s org.
21. Angry
22. USAF WAPS study guide
23. Tree type
25. Fed. drug org.
27. Hawaiian food
28. USAF enlisted work appraisal
29. Work locations for 17 DOWN
32. USAF org. home to military records
35. Army equivalent to USAF tech. school
36. Dictator Amin Dada
37. Actress Turner
39. Fed. org. concerned with flight travel
40. Everything
43. Mil. pay entitlement
44. USAF intel org.
45. Sick
46. Tracking method for GBU's
47. Conceal
48. DoD intel org.
49. Santa's helper
50. Mil. phone network
53. USN person
56. Weight measurement
58. Passageway
59. Website section, perhaps
62. Zodiac sign
63. USAF award above AFCON
65. One of 73 ACROSS
66. Greek letter
67. USAF acronym for learning at work
69. An EOD concern
70. Fed. taxing org.
71. ____ Kwon Do
72. Hurricane center

March Article 15s

The following enlisted person was given an Article 15 during March

A 9th Aircraft Maintenance Squadron senior airman received a reduction to airman with reduction below airman first class suspended, 15 days extra duty, and a reprimand for violating Article 112 -- distributing a controlled substance.

Commanders may suspend all or part of a punishment for up to six months. If the member

fails to meet a condition of the suspension, the commander can remove the suspension and impose the punishment.

For example, a member is given a suspended reduction to airman on March 1. On April 1, that same member fails to meet a condition of the suspension.

The commander can impose the punishment that was suspended and the member is then reduced to airman effective March 1, the date of the original action. This action is called "vacating" the suspension.

Solutions to March 31 puzzle



Several factors contribute to indoor allergies

By 9th Medical Operations Squadron Public Health

Living in the Central Valley of California is a unique experience. However, despite Beale's location, it is a hot spot for allergies. Several contributors to stimulating allergies are house dust mite droppings, animal dander, cockroach droppings and indoor mold.

According to the American Academy of Allergy, Asthma and Immunology, although it is virtually impossible to eliminate every possible source of indoor allergies, there are many steps you can take to reduce your exposure level. These tips apply to both on and off-base housing situations.

Dust mites:

- o Minimize the number of stuffed animals kept in bedrooms
- o Remove carpet from the bedroom, if possible; if not, vacuum once or twice a week
- o Wash bedding and stuffed animals weekly

- o Keep indoor relative humidity below 50 percent to decrease dust mite growth

Indoor mold:

- o Ensure seals around doors and windows are secure to prevent moisture from seeping in
- o Don't delay in repairing, calling in a work order, or reporting any flood damage
- o Avoid vaporizers and use dehumidifiers to reduce the amount of humidity in the environment
- o Use a ventilation system to limit the amount of steam and moisture accumulation in showers
- o For off-base housing, clean duct work often
- o Use a HEPA filter in your home and change it regularly
- o Immediately dry condensation on windows
- o Regularly clean any mold build-up in window tracks

Cockroach allergens:

- o Clean up spills as soon as possible

- o Consider a professional exterminator
- o Improve ventilation to eliminate damp areas

Pets:

- o Keep the pet out of the bedroom
- o Frequently vacuum rooms where the pet lives
- o Wash the pet weekly

General housekeeping, particularly vacuuming carpets, washing linen often, and sweeping floors will help limit the amount of indoor allergy sources in your home.

Allergies can cause symptoms such as stuffy or runny noses, itchy eyes, sneezing, coughing, chest tightness, swollen throat, and wheezing. If the symptoms of the allergic reaction worsen or do not improve with removal of the allergen, call your medical provider. If you are having persistent nasal, eye, or chest symptoms, see your medical provider.

Anyone with concerns about on-base homes should notify the housing office. Work facility concerns should be brought to the facility manager.

Summer weather brings threat of mosquitoes, WNV

By 9th Medical Operations Squadron Public Health

As the weather begins to warm up, mosquitoes become more prevalent. Mosquitoes can transmit many diseases including West Nile virus.

WNV is transmitted to people and animals by the bite of an infected mosquito. Only certain species of mosquitoes carry the virus and very few mosquitoes are actually infected. A mosquito first acquires the infection by feeding on a bird with the virus in its blood. The virus lives in the mosquito and is transmitted to a new host via the mosquito's saliva when the insect bites a person or animal.

Most WNV infections are mild and often clinically unapparent. Approximately 20 percent of those infected will develop a generally mild illness.

Individuals may develop symptoms such as fever, headache, nausea, body aches, skin rash, and/or swollen lymph nodes. In a smaller percent of individuals infected (less than one percent), a more severe illness, such as viral meningitis or encephalitis, may develop. These more severe illnesses often require hos-

pitalization.

The time between the mosquito bite and the onset of illness, known as the incubation period, ranges from five to 15 days in humans. The elderly, newborns/infants and those with weakened immune systems are particularly susceptible to severe illness. Since WNV is caused by a virus, there is no treatment or cure. There is currently no human vaccine.

The best measures to prevent mosquito bites include wearing long sleeves and long pants and using insect repellent when outdoors. The American Academy of Pediatrics recommends that repellents used on children should not contain more than 10 percent DEET, but concentrations of up to 30 percent DEET are acceptable for adults.

Indoors, make sure that doors and windows have tight-fitting screens. Repair or replace all screens that have tears or holes.

The list of actions below can help prevent mosquito-breeding sites around the home by decreasing the mosquito population:

- * Dispose of tin cans, plastic containers, ceramic

pots, or similar water-holding containers.

- * Make sure roof gutters drain properly. Clean clogged gutters in the spring and fall.

- * Clean and chlorinate swimming pools, outdoor saunas, and hot tubs. If not in use, keep them empty and covered.

- * Drain water from pool covers.

- * Change the water in bird baths every three to four days.

- * Eliminate any standing water on the property.

- * Remind or help neighbors to eliminate breeding sites on their properties.

Beale Public Health and the 9th Civil Engineer Squadron Entomology office are part of the Yuba County WNV Task Force. They have an active surveillance team (both mosquito and bird) evaluating the base and implementing procedures to decrease local mosquito populations.

For more information, visit the following Web sites: <http://www.westnilefever.com>, <http://www.cdc.gov>, <http://www.westnile.ca.gov>, or contact Public Health at 634-4771.

Youth earn prizes, learn healthy choices with fitness program

This month marks the six month anniversary for the Air Force wide's **Fit Factor** program implemented by the **Youth Center**. The Youth Center has over 66 children participating in this fantastic life changing curriculum. Fit Factor is designed to help stimulate interest and awareness of the importance of healthy choices in lifestyle for our youth and teens. Being healthy and fit will increase their self-esteem and help them to establish a desire to set personal goals. Jeanene Graves, Youth Sport Director for the Youth Center explains that as an incentive, children receive points with each activity they complete. She said, "The neatest thing about this program is that children can earn points by doing just about anything! Walking to school,



Children wait patiently for their turn at the field games, one of the many fun Fit Factor activities.

playing sports, riding a bike even eating fruit! As they complete their selected activities, they log their points and earn great prizes!" The top 5 children with the most points are; Alex Mata, age ten with 12,500 points, Denton Green, age ten with 5,225, Alan McGee, age sixteen with 4,780, Marcus McGee, age ten has 4,035 and Trenton Crain, age nine with 3,000. The prizes include, motivational plastic wrist bands and pins, nylon flyers, pedometers, jump ropes, backpacks, t-shirts, and a cooler filled with healthy goodies. Once a month, ACC randomly picks a base for bonus prizes like, baseball caps and dance pads.

For those interested in getting involved with Fit Factor, stop by the Youth Center and pick up your enroll-

ment form (if under 13, parent's signature is required.) There is a computer designated just for Fit Factor where children can sign up and record their points. This is a very rewarding program that encourages life long healthy choices.

Call **634-4953** for more details.

Easter BRUNCH

SUNDAY, APRIL 16

10:00AM-2:00PM

• MENU TO INCLUDE •

Scrambled Eggs • Belgian Waffles
 Country-style Potatoes
 Biscuits & Gravy
 Cheese Blintz w/Fruit topping
 Honey Ham • Champagne Chicken
 Salads • Desserts
 and more!!

ADULT: \$16.95

CHILD (4-10): \$5.95

CHILD (3 & UNDER): FREE

RECCE POINT CLUB
634-4948

The Membership Club Card
 drawing is currently at

\$500⁰⁰

Drawing is held every Friday night at the Recce Point Club. Must be present to win. If winner is not present, the prize money increases \$25 each week until a winner is present to accept the award.

All Nighter AUTO HOBBY CENTER Quarterly

Beginning 9 A.M. Saturday April 15th
 Thru 5 P.M. Sunday April 16th



PIZZA PROVIDED BY

Anthony's Pizza

Free Pizza after 2200

634-2296

GREAT OUTDOOR adventures!

Jelly Belly Tour & Vacaville Shopping

April 11 • 9:00am - 4:00pm • Sign up by: 4/7

\$10 Adults / \$5 children 12 and under

Step into the Jelly Belly factory and smell the aroma of chocolate, apricot, cinnamon or pineapple, whatever is being cooked up that day. Learn the secrets to how they create the legendary jelly bean. Afterwards, we will drive to the Vacaville Shopping Center for an afternoon of shopping.

San Francisco Zoo / Exploratorium Trip

April 13 • 9:00am - 8:00pm • Sign up by: 4/7

18 & up - \$29 / 12-17 yrs. - \$24 / 3-11 yrs. - \$16

Roundtrip transportation and tickets included!!

Take a trip to the Exploratorium where you can enjoy an experimental, hands-on museum designed to spark curiosity - regardless of your age or familiarity with science. Then take a trip to the San Francisco Zoo where you can see the exciting new additions: the Children's Zoo, Dentzel Carousel and Koret Animal Resource Center. Enjoy a day of exploration be sure to bring you thinking caps, walking shoes and cameras!

Old Sacramento Nightlife Shuttle

April 21 • 5:30pm - 1:30am • Sign up by: 4/19

\$10.00 • 21 years or older

Enjoy the nightlife of Old Sacramento while visiting the many restaurants, pubs, and specialty shops. Stroll down the riverfront promenade and wooden sidewalks of this historic area of Sacramento or meander over to the upscale Downtown Plaza area for a bit of glitzy city nightlife. This will be an evening of fun for you and your friends. Let OAC be your designated driver!

OUTDOOR ADVENTURE CENTER • 634-2054

Pajama Party

April 8th at 8:00pm

Members \$3, Non-members \$8
 Dance the night away in your pajamas
 (nothing revealing) and enjoy a fun
 night of music, contests, prizes and
 drink specials.

18
 & Over

21
 to Drink



Recce Point Club
634-4948

Sign Up
 Early!

Registration
 starts at 4:30pm

Texas Hold'em

April 13, 20 & 27

Tournament starts 5pm

\$5 members • \$10 non-members

CHANCE TO WIN entrance to monthly \$10,000
 Poker Tournament at Colusa Casino (\$175 value).

RECCE POINT CLUB
634-4948
 18 & over

Painted hands, feet & glitter at Club

It was another successful Family Night at the **Recce Point Club** on March 29th. Approximately 40 families showed up for a fun and messy event. Every year March is set aside nationally to celebrate **Youth Art**. The Recce Point Club celebrated Youth Art by setting up several different work tables. The event encouraged children to enhance their creativity and find their inner Picasso. Parents participated as children glued, painted, and glittered the night away. Children had the opportunity to create a life size picture of themselves, they got to paint with their feet, they created chalk drawings and still

life paintings. Children beamed as they created their master-pieces. The food served was every child's dream menu with corndogs, tater-tots, fried chicken and chicken nuggets, veggies and an assorted veggie tray with ranch dressing. All in all, everyone was very happy.

Don't miss out on the next Recce Point Club's **Family Night** on April 26th. It will be a **Bunny Boogie Kiddie Disco**. There will be games, music, dancing, kiddy karaoke and more!

Call the **Recce Point Club** for more details at **634-4948**.



A budding Pablo Picasso, Claude Monet or maybe a Norman Lewis?



Children got down and dirty creating their masterpieces.



A young child creates a life-size picture of themselves at last week's Family Night.

HELP WANTED!

Aerobics Instructor

Need energetic, certified aerobics instructor. Must have a current CPR Certificate.

Massage Therapist

Looking for a professional, certified massage therapist. Must have a current CPR Certificate.

Call the Harris Fitness Center at 634-2258 to apply.

EMPLOYMENT Opportunities

Cashier-Checker	Recce Point Club/Beale Lanes/Pool
Child Development Program Assist.	CDC
Cook	Recce Point/CDC
Custodial Worker	Lodging
Laborer	Lodging
Lifeguard	Pools (OAC)
Recreation Aid	Outdoor Adventure Center
Recreation Specialist	Outdoor Adventure Center
School Age Program Assistant	Youth Center
Swim Instructor	Pools (OAC)
Training Specialist	9th Services Squadron

NAF The above NAF positions are available. Interested parties should drop in and complete an application.

HUMAN RESOURCES • 634-2316
www.bealeservices.com/humanresources

SPRING BREAK

BEALE FALLS HIKE

April 10th • 10:00am-1:00pm, Ages 9-12

SKATEBOARD AND ROLLERBLADE CAMP

April 10th-14th • 8:30am-12:30pm, Age 10-16

DOGGIE BOOT CAMP

April 10th-13th • 3:00-4:00pm, Ages 9-18

SPRING FLING CAMP

April 10th-14th • 7:30am-1:00pm, Ages 8-12

WHITE WATER RAFTING

April 11th • 9:30am-6:30pm, Ages 13-18

RED CROSS BABYSITTING CLASS

April 11th • 8:30am-4:00pm, Ages 11-up

ROCK CLIMBING BELAYING

April 12th • 9:00am-5:00pm, Ages 13-18

EGG DROP CONTEST

April 13th • 3:00pm, Ages 9-18

PITCH, HIT, & RUN!

April 13th • 3:00pm, Ages 7-14

BIG BAD BEALE DOG SHOW

April 14th • 2:30-5:30pm, Age 9-18

APRIL EVENTS

SPAGHETTI DINNER & ART AUCTION

April 7th • 6:00pm Dinner / Auction

TEEN MOVIE NIGHT

April 7th • 5:30-10:30pm, Ages 13-18

YOUTH JOB FAIR

April 19th • 2:00-4:00pm, Ages 13-college

SPRING DANCE HIP HOP

April 21st • 6:30-9:30pm, Ages 9-12

KIDS NIGHT OUT

April 28th • 6:30-9:30pm, Ages 5-8

FIT FACTOR

Mon-Fri • 3:30-4:30pm, Ages 9-18

ARTS & CRAFTS HOUR

Mon-Fri • 3:30-4:30pm, Ages 9-18

Call 634-4953 for more information

Youth center
C ★ R N E R



Bunny Hop 20-Frame Game

April 15th

Adults 1:00pm • Adult/Jr. 3:00pm

Each frame filled with a different & challenging surprise!

\$8 per player

BEALE LANES
634-2299



Community Center
634-3140

TJ's Coffee & Deli will be open during this event from 7:00am-1:00pm.